

CANINE ATHLETE ACADEMY:
**Everything you need to keep your canine athlete healthy
and competing well into their senior years.**
Seminar by Dr. Chris Zink, DVM

Red Barn Event Centre
Barrie, ON
November 5 & 6, 2011

Chris Zink, D.V.M., Ph.D., is a consultant on canine sports medicine, evaluating canine structure and locomotion, and designing individualized retraining and conditioning programs for canine athletes. She is the award-winning author of *Peak Performance: Coaching the Canine Athlete, Dog Health and Nutrition for Dummies*, and *The Agility Advantage*, and co-author of *Jumping from A to Z: Teach Your Dog to Soar* and *Building the Canine Athlete: Strength, Stretching, Endurance and Body Awareness Exercises*. She has obtained more than 70 obedience, agility, retrieving, tracking, and conformation titles on dogs from the sporting, herding, working, terrier, and hound groups. Dr. Zink presents Coaching the Canine Athlete® seminars worldwide to rave reviews. Dr. Zink won the President's Award at the Dog Writer's Association of America Awards Dinner in February 2009 for her book *The Agility Advantage*.

This is a fairly intensive two-day seminar broken into a number of segments, each with an initial lecture period followed by demonstrations and discussions. All areas of canine competition will be covered including: conformation, obedience, tracking, agility, lure coursing and herding. Lectures will be supplemented by illustrative videos. There will also be gait analysis of a number of dogs, demonstration of how to do a lameness examination using actual dogs, discussions of conditioning programs and of injuries most common in performance dogs, and time for questions from attendees. The information presented on Day 2 builds on what is presented on Day 1. Handouts will be provided. Plan to bring a chair and, if coming with a dog, a crate.

Components of the Seminar:

Canine Structure – What it Means for Performance

- your dog's structural strengths and weaknesses
- what those strengths and weaknesses mean for performance
- how to capitalize on your dog's strengths to maximize performance
- understanding your dog's weaknesses to minimize injury

The Amazing Canine Athlete

- the six canine gaits and how to put them on cue
- gaits your dog uses for different performance events
- abnormal gaits, why they're abnormal, and how to banish them
- how your dog uses its body in agility/obedience and other events
- age-related tips for performance training

Jumping – a Core Athletic Activity

- Training jumping – from puppies to seniors
- Lead legs – what they are, why they are important, and how to train your dog to use them appropriately
- Jumping problems – what causes them and how to fix them

Keeping your Athlete at Peak

- Body work for your teammate
- Fitness – it's easy!
- Balancing strength, endurance, body awareness and stretching exercises
- Nutrition tips for the canine athlete

When Things Go Wrong

- Common athletic injuries your vet might not know about
- How to recognize them and get the best treatment
- Complementary and alternative therapies for healing and improving
- Canine rehabilitation – what it is and how to do some of it yourself

Seminar provided by Red Barn Event Centre, a division of LeVangie Construction Inc.

REGISTRATION FORM

NAME: _____

ADDRESS: _____

TELEPHONE: _____ EMAIL: _____

ARE YOU BRINGING A DOG? **YES** **NO**

Limited to 30 dogs. Must attend both days of seminar.

BREED & CALL NAME? _____

WHAT EVENTS DO YOU PARTICIPATE IN?

WHAT PERFORMANCE PROBLEMS CONCERN YOU?

PAYMENT ENCLOSED: CASH, MONEY ORDER, CHEQUE (PAYABLE TO **Red Barn Event Centre**) VISA or MASTERCARD _____

Number

expiration date

	<u>Paid before</u> July 1 st	<u>Paid before</u> Oct. 1 st	<u>Paid after</u> Oct. 1 st	Amount Paid
WITH DOG	\$275	\$300	\$350	
WITHOUT DOG 2 days	\$125	\$150	\$175	
WITHOUT DOG 1 day	\$75	\$85	\$95	
Circle one:	Saturday	Sunday	Subtotal	
(if coming 1 day)			HST (13%)	
			Total	

Registration includes coffee/tea/water, lunch and snacks at breaks. Please let us know if you require a vegetarian meal. Non-refundable, full payment due at time of registration (unless other arrangements are made).

MAIL TO: Danielle LeVangie, 30 Silvercreek Crescent, Barrie, ON, L4N 1S7

QUESTIONS? Contact Danielle, 705-812-3467 hardrockdals@rogers.com

CONSULTS WITH CHRIS ZINK D.V.M., Ph.D.

Chris Zink D.V.M., Ph.D. will be available for a limited number of individual consults in association with the seminar. Two separate consult formats are available. The consults will be provided on a pre-booked, first-come, first-served basis. Call or email for more information.

1. *Structure/Gait Analysis* (25 min - \$125.00)
2. *Problem-oriented Evaluation* (50 min. - \$225.00)