



PROUDLY PRESENTS

# **Turid Rugaas**

SEPTEMBER 14 & 15, 2019

SPARK CENTRE  
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SHERWOOD PARK ALBERTA  
CANADA T8H2M8

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THIS MAY BE THE LAST OPPORTUNITY  
TO SEE TURID IN  
North America



## *A Dog Wellness Seminar*

D O G S P A W

*Proudly Presents*

## *A Dog Wellness Seminar*

*Featuring*

**Turid Rugaas**

With Host Nicole Siegel,  
CBCC-KA, CPDT-KA

We increasingly see dog behaviors reflect the stress of living in our busy human world, manifested through behaviors that dog owners don't welcome. Dogs bark, lunge, don't listen, dig, chew, even bite – the list is extensive! How can we be sensitive to their needs to ensure our canine companions are living their best possible life? **Turid Rugaas** will present a two-day **Dog Wellness Seminar** addressing how to meet our dogs' physical and mental requirements in a way that is dog centred, with an awareness of how her iconic calming signals research can help us to further understand them.

### *Day 1: Growing Up with Body & Mind Balance:*

Turid will be discussing how to keep a dog's body and mind in balance using exercises and activities for development of both physical and mental growth using their nose and their brain. Of course, this starts with puppies and getting them off on the right paw!

### *Day 2: From Nose to Tail*

Our second day, Turid will discuss the complete dog from nose to tail with additional emphasis on preventing behavior problems. We will learn how to keep dogs healthy through encouraging them to be dogs and use their natural skills. This will include more information on nose work, one of the activities that is simply exploding in popularity due to its effectiveness in challenging our dogs to think; along with the ease of how to implement that activity into your companion dog's world. Nose work is not just for the competitive crowd but can be adapted for everyone.

